

Fall 2022

Dear North Carolina Behavioral Health Professional:

We would like to invite you to apply to be a member of the 2022 Child, Adolescent, and Family Behavioral Health Fellowship. We have launched a special project to build universal screening, prevention, and intervention for behavioral health for children and adolescents in North Carolina. Even prior to the pandemic, there was a need to better address and support the overall health and wellness of children and families both preventatively and intervention-wise; however, this pandemic has only exacerbated that need.

Our organization, the Foundation for Health Leadership and Innovation's Center of Excellence for Integrated Care, has partnered with the i2i Center for Integrative Health and the North Carolina Area Health Education Centers (NC AHEC) Program to improve the availability and accessibility of behavioral health to children and their families. Thanks to a three-year grant from The Duke Endowment, as well as funding received this year from Blue Cross, Blue Shield, we are working to move the needle on insurance parity for mental health and bolstering the behavioral health workforce. We want to recruit a cohort of licensed behavioral health professionals interested in strengthening their knowledge and skill set working with children and families. Emphasis will be on mental health and substance use prevention, assessment, and intervention for children and adolescents and their families. There will be synchronous virtual trainings for two hours each month, and a monthly one-hour teleECHO (Extension for Community Healthcare Outcomes) group to discuss clinical work and seek consultation on clinical cases. Some months these trainings will be combined on the same day, however the majority will occur on different days, typically Fridays. There is a minimum attendance requirement and make up requirements for sessions missed. This will total 36 hours of certified continuing education at no registration cost to participants. The training curriculum will be informed by evidence-based literature, as well as by information collected from regularly held workgroup meetings of child and family advocates, consumers and families, and providers advising on policy to support child and adolescent behavioral health wellness. The time commitment is approximately three hours per month from January to December 2023.

Attached is a list of pre-requisites as well as a brief application. Please reach out to us if you have questions and please pass this along to other clinicians you feel might be interested.

We look forward to hearing from you!

Sincerely,  
Lisa Tyndall, PhD, LMFT  
Senior Integration Specialist  
Center of Excellence for Integrated Care  
Foundation for Health Leadership and Innovation

Sincerely,  
Tina Latham, MBA, MHA  
Assistant Director  
Greensboro AHEC  
NC AHEC Program

## Application for the 2023 Child, Adolescent, and Family Behavioral Health Fellowship

The Foundation for Health Leadership and Innovation's Center of Excellence for Integrated Care, supported by funding from The Duke Endowment and Blue Cross, Blue Shield, is seeking a cohort of 45 behavioral health providers interested in deepening their understanding and skills with providing pediatric and family preventative and interventive services. The pre-requisites for the clinicians are listed below.

- Participants must bring a sense of curiosity and excitement about their work. We ask that they be passionate about helping children, teens, and their families or caregivers. We also ask that they bring a sense of humility and willingness to explore areas of growth and kindly support others in doing the same.
- Participants must be provisionally, or fully licensed, behavioral health providers licensed to practice in the state of North Carolina
  - LCSW, LMFT, LCMHC, Psychologist,
- Participants must be willing to commit to joining a cohort of fellow behavioral health clinicians for a full year of monthly trainings (@3 hours per month).
- With a minimum attendance required to complete the Fellowship, trainings that are missed by the participant must be made up by viewing the recording and submitting a brief reflection.
- Participants must be willing to complete a pre- and post-assessment before and after the training.
- Participants must be willing to submit a case discussion and be prepared to share with their cohort during one of the remote case consults should that case be selected.
- Participants must be willing to complete and present a capstone project that will consist of at least a case consultation during the year of training and be willing to openly partake in giving and receiving feedback from one another, while respecting the limits of client confidentiality.
- While most trainings will take place remotely, one to two trainings may take place in person requiring some travel.
- Ideally providers are located within a primary care or child-focused facility or are seeking to eventually obtain that type of clinical placement.

If employed by a clinic or entity other than "self," participants must provide a letter of support from a supervisor to participate in the fellowship, with confirmation of the understanding that these trainings will occur during clinic hours but will ultimately lead to enhanced clinical skills and include free continuing education.

APPLICATION

Name			
Licensure type		How many years have you been practicing?	
Place of Employment		Zip code	
What insurance providers are you in network or paneled with? (Include Medicaid, Medicare, and all other/private)			
Please share a few sentences about your experience with children, adolescents, and/or families to date. You can include formal trainings and/or professional experience.			
What about this potential opportunity most excites you?			
Are there any topics that you would like to see covered?			
With what populations do you currently work?			
Are there any populations or conditions that you feel you would benefit from more training and supervision around?			

What is your experience working with diverse populations?
What languages do you speak?
Is there anything else you would like to tell us about you and your work as it applies to this Fellowship that we have not previously asked?
I have read the above requirements for this commitment and am willing and excited to take part in this innovative effort to improve the lives of children and their families in North Carolina. Signature _____ Date _____
Please attach a signed letter of support from your direct supervisor.

**Submit to Dr. Lisa Tyndall, LMFT [lisa.tyndall@foundationhli.org](mailto:lisa.tyndall@foundationhli.org) by December 5, 2022**